# Suggested half-termly units

Coram Life Education recommended programme template



Use a structured plan for Nursery

Go to plans for N



Use a structured plan for Y1

Go to plans for Y1



Use a structured plan for Y2



# Use a structured plan for Y3

# Go to plans for Y3



Use a structured plan for Y4

Go to plans for Y4



Use a structured plan for Y6

Go to plans for Y6

# Nursery

## Me and My Relationships

## **Lesson Plans**

Marvellous me! I'm special People who are special to me

## **Valuing Difference**

## **Lesson Plans**

Me and my friends Friends and family Including everyone

## **Keeping Safe**

## **Lesson Plans**

People who help me and keep me safe Safety Indoors and Outdoors What's safe to go into my body

## **Rights and Respect**

## **Lesson Plans**

Looking after myself Looking after others Looking after my environment

#### **Being my Best**

## **Lesson Plans**

What does my body need?

I can keep trying
I can do it!

## **Growing and Changing**

## **Lesson Plans**

Growing and changing in nature When I was a baby Girls, boys and families

## **Additional plans**

## **Lesson Plans**

Additional resources library

#### **SCARF** at Home

## **Lesson Plans**

SCARF at Home - home activities to embed SCARF values

## Assessment

SCARF Early Years Overview and Assessment - Nursery

# Reception

Me and My Relationships

## **Lesson Plans**

All about me
What makes me special
Me and my special people
Who can help me?
My feelings
My feelings (2)

## **Valuing Difference**

## **Lesson Plans**

I'm special, you're special Same and different Same and different families Same and different homes I am caring I am a friend

## **Keeping Safe**

#### **Lesson Plans**

What's safe to go onto my body
Keeping Myself Safe - What's safe to go into my body (including medicines)
Safe indoors and outdoors
Listening to my feelings
Keeping safe online
People who help to keep me safe

## **Rights and Respect**

#### **Lesson Plans**

Looking after my special people
Looking after my friends
Being helpful at home and caring for our classroom
Caring for our world
Looking after money (1): recognising, spending, using

Looking after money (2): saving money and keeping it safe

## **Being my Best**

## **Lesson Plans**

Bouncing back when things go wrong

Yes, I can!

Healthy eating

My healthy mind

Move your body

A good night's sleep

## **Growing and Changing**

## **Lesson Plans**

Seasons

Life stages - plants, animals, humans

Life Stages: Human life stage - who will I be?

Where do babies come from?

Getting bigger

Me and my body - girls and boys

## **Additional plans**

## **Lesson Plans**

Additional resources library

## **SCARF** at Home

## **Lesson Plans**

SCARF at Home - home activities to embed SCARF values

## **Assessment**

SCARF Early Years Overview and Assessment - Reception



## Me and My Relationships

## **Lesson Plans**

Why we have classroom rules
How are you listening?
Thinking about feelings
Our feelings
Feelings and bodies

Good friends

## **Assessment Plans**

Me and My Relationships - Pre and Post Unit Assessment: Y1/P2

## **Valuing Difference**

## **Lesson Plans**

Same or different?
Unkind, tease or bully?
Harold's school rules
It's not fair!
Who are our special people?

Our special people balloons

#### **Assessment Plans**

Valuing Difference - Pre and Post Unit Assessment: Y1/P2

## **Keeping Safe**

## **Lesson Plans**

Super sleep

Who can help? (1)

Good or bad touches?

Sharing pictures

What could Harold do?

Harold loses Geoffrey

#### **Assessment Plans**

Keeping Safe - Pre and Post Unit Assessment: Y1/P2

## **Rights and Respect**

## **Lesson Plans**

Harold has a bad day

Around and about the school

Taking care of something

Harold's money

How should we look after our money?

Basic first aid

## **Assessment Plans**

Rights and Respect - Pre and Post Unit Assessment: Y1/P2

## **Being my Best**

#### Lesson Plans

I can eat a rainbow

Eat well

Harold's wash and brush up

Catch it! Bin it! Kill it!

Harold learns to ride his bike

Pass on the praise!

Inside my wonderful body! (OPTIONAL)

#### **Assessment Plans**

Being My Best - Pre and Post Unit Assessment: Y1/P2

## **Growing and Changing**

## **Lesson Plans**

Healthy me
Then and now
Taking care of a baby
Who can help? (2)
Surprises and secrets
Keeping privates private

## **Assessment Plans**

Growing and Changing - Pre and Post Unit Assessment: Y1/P2

## **Additional plans**

## **Lesson Plans**

Additional resources library

#### **SCARF** at Home

## **Lesson Plans**

SCARF at Home - home activities to embed SCARF values

# Additional assessment tools for Y1

Summative assessment: 'I can...' statements for Y1

# Recording reflections on learning



## Me and My Relationships

## **Lesson Plans**

Our ideal classroom (1)

Our ideal classroom (2) (OPTIONAL)

How are you feeling today?

Let's all be happy!

Being a good friend

Types of bullying

Don't do that!

Bullying or teasing? (OPTIONAL)

## **Assessment Plans**

Me and My Relationships - Pre and Post Unit Assessment: Y2/P3

## **Valuing Difference**

## **Lesson Plans**

What makes us who we are?

My special people

How do we make others feel?

When someone is feeling left out

An act of kindness

Solve the problem

#### **Assessment Plans**

Valuing Difference - Pre and Post Unit Assessment: Y2/P3

#### **Keeping Safe**

# Lesson Plans

Harold's picnic

How safe would you feel?

What should Harold say?

I don't like that!

Fun or not?

Should I tell?

## **Assessment Plans**

Keeping Safe - Pre and Post Unit Assessment: Y2/P3

## **Rights and Respect**

## **Lesson Plans**

Getting on with others

When I feel like erupting

Feeling safe

Playing games

Harold saves for something special

Harold goes camping (OPTIONAL)

How can we look after our environment?

#### **Assessment Plans**

Rights and Respect - Pre and Post Unit Assessment: Y2/P3

#### **Being my Best**

#### Lesson Plans

You can do it!

My day

Harold's postcard - helping us to keep clean and healthy

Harold's bathroom

What does my body do?

My body needs... (OPTIONAL)

Basic first aid

#### **Assessment Plans**

Being My Best - Pre and Post Unit Assessment: Y2/P3

## **Growing and Changing**

## **Lesson Plans**

A helping hand

Sam moves away

Haven't you grown!

My body, your body

Respecting privacy

Some secrets should never be kept

## **Assessment Plans**

Growing and Changing - Pre and Post Unit Assessment: Y2/P3

## **Additional plans**

## **Lesson Plans**

Additional resources library

#### **SCARF** at Home

## **Lesson Plans**

SCARF at Home - home activities to embed SCARF values

## Additional assessment tools for Y2

Summative assessment: 'I can...' statements for Y2

Recording reflections on learning

## **Y3**

## Me and My Relationships

## **Lesson Plans**

As a rule

Looking after our special people

How can we solve this problem?

Tangram team challenge (OPTIONAL)

Friends are special

**Thunks** 

Dan's dare

My special pet (OPTIONAL)

### **Assessment Plans**

Me and My Relationships - Pre and Post Unit Assessment: Y3/P4

## **Valuing Difference**

## **Lesson Plans**

Respect and challenge

Family and friends

My community

Our friends and neighbours

Let's celebrate our differences

Zeb

## **Assessment Plans**

Valuing Difference - Pre and Post Unit Assessment: Y3/P4

#### **Keeping Safe**

#### Lesson Plans

Safe or unsafe?

Danger or risk?

The Risk robot

Super Searcher

Help or harm?

Alcohol and cigarettes: the facts

Raisin challenge (1) (OPTIONAL)

## **Assessment Plans**

Keeping Safe - Pre and Post Unit Assessment: Y3/P4

## **Rights and Respect**

## **Lesson Plans**

Helping each other to stay safe

Recount task

Our helpful volunteers

Can Harold afford it?

Earning money

Harold's environment project

Let's have a tidy up! (OPTIONAL)

## **Assessment Plans**

Rights and Respect - Pre and Post Unit Assessment: Y3/P4

## **Being my Best**

## **Lesson Plans**

Derek cooks dinner! (healthy eating)

**Poorly Harold** 

Body team work

For or against?

I am fantastic!

Top talents

Getting on with your nerves! (OPTIONAL)

## **Assessment Plans**

Being My Best - Pre and Post Unit Assessment: Y3/P4

## **Growing and Changing**

# Lesson Plans

Relationship tree

**Body space** 

None of your business!

Secret or surprise?

My changing body

Basic first aid

## **Assessment Plans**

Growing and Changing - Pre and Post Unit Assessment: Y3/P4

## **Additional plans**

## **Lesson Plans**

Additional resources library

#### **SCARF** at Home

## **Lesson Plans**

SCARF at Home - home activities to embed SCARF values

## Additional assessment tools for Y3

Summative assessment: 'I can...' statements for Y3

Recording reflections on learning

**Y4** 

## Me and My Relationships

## **Lesson Plans**

**Human machines** 

Ok or not ok? (part 1)

Ok or not ok? (part 2)

An email from Harold!

Different feelings

When feelings change (OPTIONAL)

Under pressure

#### **Assessment Plans**

Me and My Relationships - Pre and Post Unit Assessment: Y4/P5

## **Valuing Difference**

## **Lesson Plans**

Can you sort it?

What would I do?

The people we share our world with

That is such a stereotype!

Friend or acquaintance?

Islands

#### **Assessment Plans**

Valuing Difference - Pre and Post Unit Assessment: Y4/P5

#### **Keeping Safe**

#### **Lesson Plans**

Danger, risk or hazard?

How dare you!

Keeping ourselves safe

Raisin challenge (2)

Picture wise

Medicines: check the label

Know the norms (OPTIONAL)

## Traffic lights (OPTIONAL)

## **Assessment Plans**

Keeping Safe - Pre and Post Unit Assessment: Y4/P5

## **Rights and Respect**

## **Lesson Plans**

Who helps us stay healthy and safe?

It's your right

How do we make a difference?

In the news!

Safety in numbers

Harold's expenses (OPTIONAL)

Why pay taxes?

Logo quiz (OPTIONAL)

## **Assessment Plans**

Rights and Respect - Pre and Post Unit Assessment: Y4/P5

## **Being my Best**

## **Lesson Plans**

What makes me ME!

Making choices

SCARF hotel

Harold's Seven Rs

My school community (1)

Basic first aid

Volunteering is cool (OPTIONAL)

## **Assessment Plans**

Being My Best - Pre and Post Unit Assessment: Y4/P5

## **Growing and Changing**

## **Lesson Plans**

Moving house

My feelings are all over the place!

All change!

Preparing for changes at puberty (formerly Period positive/preparing for periods)

Secret or surprise?

Together

## **Assessment Plans**

Growing and Changing - Pre and Post Unit Assessment: Y4/P5

## **Additional plans**

## **Lesson Plans**

Additional resources library

#### **SCARF** at Home

#### **Lesson Plans**

SCARF at Home - home activities to embed SCARF values

## Additional assessment tools for Y4

Summative assessment: 'I can...' statements for Y4

Recording reflections on learning

Y5

Me and My Relationships

## **Lesson Plans**

Collaboration Challenge!

Give and take

Communication (OPTIONAL)

How good a friend are you?

Relationship cake recipe

Our emotional needs

Being assertive

## **Assessment Plans**

Me and My Relationships - Pre and Post Unit Assessment: Y5/P6

## **Valuing Difference**

## **Lesson Plans**

Qualities of friendship

Kind conversations

Happy being me

The land of the Red People

Is it true?

Stop, start, stereotypes

It could happen to anyone (OPTIONAL)

## **Assessment Plans**

Valuing Difference - Pre and Post Unit Assessment: Y5/P6

## **Keeping Safe**

## **Lesson Plans**

Spot bullying

Play, like, share

**Decision dilemmas** 

Ella's diary dilemma

Vaping: healthy or unhealthy?

Would you risk it?

'Thunking' about habits (OPTIONAL)

Drugs: true or false? (OPTIONAL)

Smoking: what is normal? (OPTIONAL)

#### **Assessment Plans**

Keeping Safe - Pre and Post Unit Assessment: Y5/P6

## **Rights and Respect**

## **Lesson Plans**

What's the story?

Fact or opinion?

Mo makes a difference

Rights, respect and duties

Spending wisely

Lend us a fiver!

Local councils (OPTIONAL)

#### **Assessment Plans**

Rights and Respect - Pre and Post Unit Assessment: Y5/P6

## **Being my Best**

## **Lesson Plans**

It all adds up!

Different skills

My school community (2)

Independence and responsibility

Star qualities?

Basic first aid, including Sepsis Awareness

## **Assessment Plans**

Being My Best - Pre and Post Unit Assessment: Y5/P6

## **Growing and Changing**

## **Lesson Plans**

How are they feeling?

Taking notice of our feelings

Dear Ash

Growing up and changing bodies

Changing bodies and feelings

Help! I'm a teenager - get me out of here!

Dear Hetty (OPTIONAL)

**Assessment Plans** 

Growing and Changing - Pre and Post Unit Assessment: Y5/P6

## **Additional plans**

## **Lesson Plans**

Additional resources library

#### **SCARF** at Home

## **Lesson Plans**

SCARF at Home - home activities to embed SCARF values

## Additional assessment tools for Y5

Summative assessment: 'I can...' statements for Y5

Recording reflections on learning

**Y6** 

Me and My Relationships

## **Lesson Plans**

Working together

Let's negotiate (OPTIONAL)

Solve the friendship problem

Dan's day (OPTIONAL)

Behave yourself

Assertiveness skills (formerly Behave yourself - 2)

Don't force me

Acting appropriately

## **Assessment Plans**

Me and My Relationships - Pre and Post Unit Assessment: Y6/P7

## **Valuing Difference**

#### **Lesson Plans**

OK to be different

We have more in common than not

Respecting differences

Tolerance and respect for others

Advertising friendships!

Boys will be boys? - challenging gender stereotypes

#### **Assessment Plans**

Valuing Difference - Pre and Post Unit Assessment: Y6/P7

## **Keeping Safe**

## **Lesson Plans**

Think before you click!

It's a puzzle (OPTIONAL)

To share or not to share?

Rat Park

What sort of drug is...?

Drugs: it's the law!

Alcohol: what is normal?

Joe's story (part 1) (OPTIONAL)

Joe's story (part 2) (OPTIONAL)

#### **Assessment Plans**

Keeping Safe - Pre and Post Unit Assessment: Y6/P7

## **Rights and Respect**

## **Lesson Plans**

Two sides to every story

Fakebook friends

What's it worth?

lobs and taxes (OPTIONAL)

Happy shoppers - caring for the environment

Action stations! (OPTIONAL)

Project Pitch (parts 1 & 2) (OPTIONAL)

Democracy in Britain 1 - Elections

Democracy in Britain 2 - How (most) laws are made

Community art (OPTIONAL)

## **Assessment Plans**

Rights and Respect - Pre and Post Unit Assessment: Y6/P7

#### **Being my Best**

#### **Lesson Plans**

This will be your life!

Our recommendations

What's the risk? (1)

What's the risk? (2)

Basic first aid, including Sepsis Awareness

Five Ways to Wellbeing project

#### **Assessment Plans**

Being My Best - Pre and Post Unit Assessment: Y6/P7

#### **Growing and Changing**

## **Lesson Plans**

I look great!

Media manipulation

Pressure online

Helpful or unhelpful? Managing change

Is this normal?

Making babies

What is HIV? (OPTIONAL)

## **Assessment Plans**

Growing and Changing - Pre and Post Unit Assessment: Y6/P7

## **Additional plans**

## **Lesson Plans**

Additional resources library
Captain Coram Citizenship Resources

#### **SCARF** at Home

## **Lesson Plans**

SCARF at Home - home activities to embed SCARF values

## Additional assessment tools for Y6

Summative assessment: 'I can...' statements for Y6

Recording reflections on learning