



## PE and School Sport Action Plan

# LewTrenchard Church of England Primary School 2018–2019

**Background** - The primary school sport premium investment goes direct to primary school Head Teachers and is designed to support improvements in the quality and depth of PE and school sport. In 2017/18 the amount schools receive each year has doubled.

**Key Indicators** - The Department for Education vision is that all pupils leaving primary school are physically literate and have the knowledge, skills and motivation necessary to equip them for a healthy lifestyle and lifelong participation in physical activity and sport. The objective is to achieve self-sustaining improvement in the quality of PE and sport that delivers high quality provision of a balanced and holistic PE and school sport offer. There are 5 key indicators that schools should expect to see improvement across:

1. The engagement of all pupils in regular physical activity - the Chief Medical Officer guidelines recommend that all children and young people aged 5 to 18 engage in at least 60 minutes of physical activity a day, of which 30 minutes should be in school
2. The profile of PE and sport is raised across the school as a tool for whole-school improvement
3. Increased confidence, knowledge and skills of all staff in teaching PE and sport
4. Broader experience of a range of sports and activities offered to all pupils
5. Increased participation in competitive sport

**Funding** - Individual schools will receive circa £16K –17K per annum (depending on the number of pupils) which they can use to support these outcomes through various options including; release of staff for CPD, employing specialists to work alongside teachers, cluster work with other schools and partnerships, transport, equipment, hall and pool hire etc.

The total funding for the academic year	2018/19	Funding allocated: £16,900 + C/F £6921 = £ 23,821
Lead Member of Staff – Sally Powell	2018/2019	Joe Reeves (PE Subject Leader)
Total fund allocated – £23,821	To be Updated – June 2019	

• Key achievements to date:	Areas for further improvement and baseline evidence of need:
<ul style="list-style-type: none"> <li>• Maintaining high levels of engagement in curriculum PE with the support of specialist coaches and providers.</li> <li>• Ensuring that after school provision is high quality and engaging for all children</li> <li>• Provide a wide range of activities for all children including foundation stage.</li> <li>• Provided a wider range of playground equipment to support in the development of active playtimes.</li> <li>• Young sports leaders role developed with training and support to deliver activities for younger children.</li> <li>• Subject leader attending PE lead meetings and events.</li> <li>• Children attended multi skills festivals which gave them a competitive experience.</li> </ul>	<ul style="list-style-type: none"> <li>• To ensure there is continuity and progression in the delivery of curriculum PE and there is an engaging, broad and balanced curriculum in place.</li> <li>• To introduce a variety of programs to increase the number of children active for 30 active minutes. Eg: active maths and literacy/active classrooms and ensure a range of programs are on offer.</li> <li>• To improve the playground area to ensure it is engaging and children have equipment to use which increases their physical activity.</li> <li>• To upskill key members of staff within the school to increase knowledge and understanding in the delivery of PE school sport and physical activity – with a focus on dance</li> <li>• To upskill pupil leaders within the school to promote health and well-being and leadership.</li> <li>• To deliver outdoor learning programs to engage reluctant writers/mathematicians through learning in the outdoors. – wild tribe outdoor learning.</li> <li>• To introduce the absolute education monitoring tool to measure rates of participation in after school clubs and competition.</li> </ul>

**Key Indicator 1 : The engagement of all pupils in regular physical activity – Chief Medical Officer guidelines recommend that primary school children undertake at least 30 minutes of physical activity a day in school**

Intended Actions with impact on children	Funding allocated	Evidence and impact	Sustainability and next steps
To purchase further playground equipment (Huff and Puff Equipment) to offer a broader range to all pupils at break-times and lunchtimes – including young sport leader training for upper key stage two children - increase activity at playtimes and lunchtimes.	£500	This will result in an increase in pupils taking part in regular playtime physical activities.	Audit and purchase equipment. Continue to train playground leaders to ensure delivery can continue.
Purchase of equipment for outside PE to support the delivery of the PE curriculum to ensure children have access to a high quality experience in PE.	£2824.85	Equipment audit to be completed and new equipment purchased and	Ensure there is a 3-year -plan in place to continually update, maintain and improve PE resources and equipment

<p>To deliver a whole school health and well-being day to support the development of active and healthy diets and lifestyle awareness and choices for all children. ( summer term)</p>	<p>£260</p>	<p>used to support delivery of physical activity.</p> <p>Successful day implemented with knowledge of health and well-being gained by all pupils</p>	<p>.</p> <p>Encourage the children to develop their own healthy choices in terms of diet and physical activity. Investigate a health and well-being week for the children.</p>
<p>Introduce active learning activities (including Super Movers) as a daily physical activity to form part of the menu for 30 active minutes for children.</p>	<p>Free resources available through BBC Sport.</p>	<p>All classes have implemented daily warm ups as part of core lessons.</p>	<p>Review active maths and literacy programme and extend to foundation subjects.</p>
<p>Develop a 30 minute timetable to include all activities which are delivered by playground leaders.</p>	<p>Funds allocated to purchase equipment.</p>	<p>May 2018 Young Leaders training booked with Plymouth Argyle (no cost to school)</p>	<p>Continue to deliver an active timetable across the school.</p>
<p>To purchase a large outside speaker to enable physical music and dance to be delivered in the playground.</p>	<p>£375.15</p>	<p>Speaker to be purchased</p>	<p>Investigate updating and reviewing the current healthy schools accreditation.</p>
<p>Sugar smart leaders and sugar smart minis introduced to encourage the children to be sugar smart and physically active through the delivery of a one day course at KS1 and KS2</p>	<p>£240 £240</p>	<p>Days to be planned for June/July 2018 – funds to include additional coaching/teaching time.</p>	<p>Ensure visible guidance in school for pupils and families. Investigate completion of renewal of well-being award.</p>

**Key Indicator 2 : The profile of PE and sport being raised across the school as a tool for whole school improvement**

Intended Actions with impact on children	Funding allocated	Evidence and impact	Sustainability and next steps
Continue to develop playground leaders with the support of teaching staff in order to encourage more children to be physically active at break and lunchtimes.	Free training from Plymouth Argyle	15 Playground leaders delivering activities on a daily basis raising the profile of physical activity.	Continue to provide sports leadership opportunities for children. Widen young leader training to year 5 and 6.
To continue to develop sports leadership as part of the school council to raise the profile of PE and school sport and increase pupil voice and engagement in PE delivery.	School Council already in place.	10 pupils a member of the Sports council.	Continue to develop and extend opportunities for the whole school. Pupils being given the opportunity to make key decisions about PE and School Sport within the school which has raised the profile of PE and school sport.
To deliver maths and literacy interventions for reluctant writers to engage children in the writing process through physical activity in the outdoors/wild tribe intervention	£3240 - 36 weeks 1 session per week.	Whole school improvement link – engaging reluctant writers.	Continue to up skill staff in the delivery of active classrooms and learning in the outdoors. Utilise current level 3 trained Forest School Practitioner.
Development of notice boards in school to raise the profile of PE and School Sport for all visitors and pupils – achievement notice boards.	PE lead – time allocated above	Celebration assemblies delivered once a half term with a focus on achievement in PE and school sport.	Continue to find interesting and innovative ways of celebrating sports achievement.
Celebration assemblies to recognise and reward achievement in PE and school sport.		Kit purchase to improve team presentation	Photos of PE kit in newspaper/newsletters – use to raise profile of sport.

To introduce wild tribe rangers to raise the profile of leadership across the school and to engage those children demonstrating good leadership skills.	£240	Leaders trained and delivering a wide range of outdoor activities	Continue to work alongside Arena practitioners to target groups of children who would benefit from intervention.
To introduce the wild tribe explorers programme for 6 – 8 children who have low confidence and low self esteem	£585	Teachers to identify children who would benefit from intervention and work with Arena staff to build targets	Starting Spring 2019.

**Key Indicator 3 : Increased confidence, knowledge and skills of all staff in teaching PE and sport**

<b>Intended Actions with impact on children</b>	<b>Funding allocated</b>	<b>Evidence and impact</b>	<b>Sustainability and next steps</b>
<p>CPD training for staff to include gym, dance, swimming, to include wild tribe conference and other courses – widen staff knowledge and increase variety of PE available to pupils.</p> <p>PE Subject lead development and training – including staff cover/release from school – encourage leadership in PE in school and ensure diversity and purposeful PE planning and evaluation.</p>	<p>£450 – arena membership</p> <p>Supply cover - £195</p> <p>6 x 2.5 = £150 supply cover</p> <p>Gymnastics 12</p>	<p>Inclusive PE curriculum which up skills teachers and pupils. Currently staff upskilled in Gymnastics, multi-skills and football.</p> <p>PE lead to target pupil groups. More children encouraged to attend after school clubs</p>	<p>Build into future inset training whole school training in PE and school sport.</p> <p>PE lead to deliver inset training to whole school on key elements. Continue to support the development of PE subject leadership in school.</p>

<p>Purchase specialist PE coaching with focus on upskilling staff over time – to provide Gymnastics and Athletics/multi skills Coaches (Including Gymnastic After School Club) – widen PE provision and upskill staff.</p>	<p>weeks – 3.5 hours per week - £1690 Athletics - £780</p>	<p>Fluency, consistency and broad curriculum coverage achieved through the delivery of a comprehensive high quality PE curriculum.</p>	<p>Continue to provide existing staff with the opportunity to be upskilled in PE and school sport.</p>
<p>OCRA service level agreement to provide staff training, subject leader meetings and networking and learning community PE events to ensure PE provision is broad, engaging and carefully planned and evaluated.</p>	<p>£1660</p>	<p>Developing opportunities for PE knowledge to be shared across the school.</p>	<p>Develop how teachers and coaches make both children and parents more aware of PE progress and next steps for development.</p>
<p>Subject leader in PE to introduce SOW and monitor the teaching of PE and develop a curriculum map linked to events/competitions – including developing increased opportunities with other MAT schools</p>	<p>£200 supply cover to release PE lead.</p>	<p>SOW to be agreed and shared with all staff and parents via the website</p>	<p>Develop whole MAT systems/networking events in the future.</p>

**Key Indicator 4 : Broader experience of a range of sports and activities offered to all pupils**

Intended Actions with impact on children	Funding allocated	Evidence and impact	Sustainability and next steps
<p>Purchase specialist PE coaching with focus on upskilling staff over time to provide Gymnastics and Athletics Coaches (Including Gymnastic After School Club) – widen PE provision and upskill staff.</p>	<p>As Above</p>	<p>Successful sessions delivered including after school clubs which are accessed by over 50% of the school population.</p>	<p>Wider range of opportunities will continue to be offered to engage disengaged pupils.</p>

Plymouth Argyle Coaching to widen from football to rolling programme of football, invasion games and cricket – wider coaching to engage wider range of children.	£2160	Wider coaching has increased engagement in PE lessons as observed by teachers and supported by positive feedback from pupils.	Needs of target groups continue to be addressed.
Cross-country, netball and multi-skills clubs set up to engage children who do not engage in team sports	No cost	Cross Country club is popular and well-attended. Cross country across the school is competitive and successful.	Continue to offer a range of different sports to engage the least active children. Multi-skills club run for 1 term – popular and to be repeated – helping to engage younger children in particular.
Dance and yoga coaching to provide PE provision which is wider and upskills children and staff.	£780	Delivery was successful with 90% take up from pupils and parent sessions implemented also.	Extend to after school club and continue to offer reception aged children a wide range of PE experiences.

**Key Indicator 5 : Increased participation in competitive sport**

<b>Intended Actions with impact on children</b>	<b>Funding allocated</b>	<b>Evidence and impact</b>	<b>Sustainability and next steps</b>
To compete in the Okehampton Learning Community events.	£500 ( cover costs)	Working in partnership to increase participation and success in competition.	Year on year increase of the number of children taking part in competition.
Transport to events and competitions	£550	Increase in the numbers of pupils participating in competitive opportunities within school.	Audit and improve recording if children participating in competition in school.

Intra competitions to be delivered in school through alternative days and sports days.	No cost	Increase in the numbers of pupils participating in competitive opportunities against other schools.	Ensure wider target group take up opportunities to compete.
Swimming program to support an increase in the number of children who can swim 25m by the end of year 6.	£1300	Significant increase in the number of children who can swim 25 metres.	Introduction of the 'learn to swim' programme earlier in the school to ensure more children can swim 25 metres by Year 6.
<b>Meeting national curriculum requirements for swimming and water safety</b>			<b>Please complete all of the below:</b>
What percentage of your Year 6 pupils could swim competently, confidently and proficiently over a distance of at least 25 metres when they left your primary school at the end of last academic year?			86%
What percentage of your Year 6 pupils could use a range of strokes effectively [for example, front crawl, backstroke and breaststroke] when they left your primary school at the end of last academic year?			86%
What percentage of your Year 6 pupils could perform safe self-rescue in different water-based situations when they left your primary school at the end of last academic year?			86%
Schools can choose to use the Primary PE and Sport Premium to provide additional provision for swimming but this must be for activity <b>over and above</b> the national curriculum requirements. Have you used it in this way?			No
<b>Total funding: £23,891</b>	<b>Total funding allocated to date: £18,920</b>	<b>Total funding to be allocated: £4971</b>	